

TECH CORNER

Have questions? Your guidance counsellors are still available to help you! Get in touch with us through email!

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CLICK on the icons above to follow us on social media ☺

LEARNING AT HOME...

If you are in need of a device to help with remote learning, then the TDSB is here to help! Fill out the form [here](#) to request a device.



EVENT OPPORTUNITES

VIRTUAL TOURS: THE CANADIAN STUDENT GUIDE FOR VIEWING SCHOOLS DURING COVID-19

Need help deciding where to go for college/university next year? Take a virtual tour!

Here's the link:

<https://blog.studentlifefenetwork.com/2020/03/25/virtual-tours-campus-student-guide/>

GUIDANCE NEWS

APRIL 27 – MAY 1 2020

PROGRAM OPPORTUNITES

UNITY 10-WEEKS ONLINE WORKSHOP

A new 10-week series of free online-workshops for youth led by Unity. The courses will teach Hip Hop art forms (Spoken Word, Emceeing, DJing, Street Dance, Breaking, and Beatboxing), all through the lens of mental wellness and resilience.

UNITY LIVE SCHEDULE
FREE WEEKLY ONLINE WORKSHOPS AND CONTENT FOR YOUTH (AGES 12-29*)
ON ZOOM AND INSTAGRAM LIVE
APRIL 20 TO JUNE 26

MONDAYS	TUESDAYS	WEDNESDAYS
MINDFUL MONDAYS HOST: REDGE 3 PM Zoom Link Zoom ID: 794-785-562	INTRO TO BEATBOXING HOST: SPARK 3 PM Zoom Link Zoom ID: 138-915-679	LETTERING & HANDSTYLES HOST: ADRIAN 3 PM Zoom Link Zoom ID: 172-281-912
INTRO TO BREAKING HOST: CLINTON / ADRIAN 7 PM Zoom Link Zoom ID: 792-225-615	INTRO TO SPOKEN WORD HOST: DAVID / REDGE 7 PM Zoom Link Zoom ID: 239-369-282	STREET DANCE HOST: CAT / MEL 7 PM Zoom Link Zoom ID: 619-654-345
THURSDAYS LIVE Q&A FEAT. UNITY ARTISTS 3 PM Instagram Live @unitycharity	FRIDAYS INTRO TO EMCEEING HOST: SWITCH B 3 PM Zoom Link Zoom ID: 951-040-708	SATURDAYS INTRO TO DJING HOST: ANDEL / ADRIAN 3 PM Zoom Link Zoom ID: 599-627-659
	INTERMEDIATE BREAKING HOST: BOB / NICK 7 PM Zoom Link Zoom ID: 455-515-518	

Ontario Trillium Foundation, Fondation Trillium de l'Ontario, Sun Life, MACKENZIE Investments, FLOURISH ARBONE FOUNDATION, TORONTO, UNITY

Download the full schedule with Zoom links by clicking the image above!

SUMMER OPPORTUNITES

TDSB ELearning Summer School

Registration for TDSB ELearning Summer School has started! If you want to take a course, you can register [here](#):

<https://schoolweb.tdsb.on.ca/elearning/e-Summer-School>

Contact your guidance counsellor if you have any questions!

AWARDS & SCHOLARSHIP INFORMATION

GRADUATE AWARDS

The deadline for the Earl Haig graduate awards has been extended to May 15. Check out our guidance site at <http://www.earlhaig.ca/guidance> for more information or to apply.

If you have any questions, please contact Mr. Low at darren.low@tdsb.on.ca

THE JEAN LUMB

The Jean Lumb awards are presented to students of Chinese heritage who have achieved excellence in Academics, Athletics, the Arts, Community Services, Defence of the Environment, Dignity of Life, and Innovation. To apply, or for more information, visit: www.jeanlumbfoundation.ca.

Deadline: May 18, 2020

The Rotary Club of Toronto's scholarship

The Rotary Club of Toronto's scholarship opportunity for students. Due date for students to apply is **June 1, 2020**. To Apply, or for more information, please contact Mr. Low at Darren.low@tdsb.on.ca

Dennis Waldman Foundation

The Dennis Waldman Scholarship is open to Canadian students in their graduating year from a public secondary school who intend to pursue university-level study. In either case, the applicant must provide a demonstrated history of involvement in Jewish communal life. For more information, visit <http://waldmanfoundation.org/index.html>.

Deadline: May 1, 2020.



Scholarships
Made Simple.

ScholarTree is the #1 place to
Find Scholarships or
Start a Scholarship in Canada! 🇨🇦

Check out <http://www.scholartree.ca> for an easy-to-use scholarship database. The majority of scholarships will be awarded over the next 2 months so apply soon

MENTAL HEALTH SERVICES

At this time it is important to check in on each other, it is great to send a DM, send a snap, or post a pic, but sometimes you need to make sure hear their voice. We know you are on your gadgets more than ever, so here are some sites that can assist you to support a friend in need.

<https://bethere.org/Home>

<https://mindyourmind.ca/>

<http://teenmentalhealth.org/toolbox/>

<https://www.stressedteens.com/covid-19-tool-kit>

Kids Help Phone.ca

Call: 1-800-668-6868

Text: CONNECT to [686868](https://www.kidshelpline.ca)



COVID-19 Youth Mental Health Resource Hub

<https://jack.org/covid>



'what's up' walk-in counselling sessions
are available by phone & video.

NEW HOURS
Monday to Friday
9:30 a.m. to 7:00 p.m.

Call Mental Health T.O. at
1-866-585-MHTO (6486)
to be connected to a counsellor